

CLUBS & SOCIETIES

Graeme Forsyth writes

STOUR VALLEY MEN'S PROBUS CLUB

Recent Meetings

On 3 February Jessica Lewis spoke on "The History of the Cutty Sark" and two weeks later on 17 February member Dick Patterson talked on a most interesting subject "The history of and living in Sierra Leone during its last colonial days".

Future Meetings

On 2 March Richard Walker will present a view "When Pirates ruled the Waves" and we will hold our Annual General Meeting on Wednesday 16 March when Graeme Forsyth will step down after his year as President.

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10.30am. Please contact Secretary Brian Rolfe on ☎ **393665** for further details.

Betty Callaghan writes

THE GOOD NEIGHBOURS CLUB

At our recent meeting an outing to the theatre was kindly arranged by Val Blaker. As our next meeting is on Friday, **11th March**.

Katie Courts writes

DEDHAM MINDFULNESS GROUP

There was a strong turn out for the meeting in December, when we did a fun mindfulness exercise using raisins, followed by a meditation on refuge. We chose this theme to support our fundraising campaign for Suffolk Refugee Support charity, and thank everyone for their contributions. We raised £50 for this worthy charity - you can read more about what they do here: <http://www.suffolkrefugee.org.uk/> We meet on the first Wednesday of each month, between **8-9pm** at the Duchy Barn. New members welcome. For more information Email: DedhamMindfulness@gmail.com [Facebook.com/MindfulDedham](https://www.facebook.com/MindfulDedham) Twitter: @MindfulDedham

Martin Broom writes

DEDHAM FOOTPATH CLUB

Our next walk is on Sunday 3rd April. Meet in the car park of The Case in Altered PH Bentley Suffolk at 2.30pm for a 2 hour walk. Leader John Osborn ☎ **0791952607**.

Sally Gotelee writes:

THANK YOU—I am deeply grateful for the very generous gift on my retirement from the organisation of flowers in Dedham Church. It has been a pleasure and privilege to do this for more than twenty years. I have been splendidly supported and hope Helen will enjoy it as much as I have.

DEDHAM PARISH CHURCH

www.dedham-parishchurch.org.uk
e-mail: dedhamparishchurch@outlook.com

MINISTERS (01206)

<i>Vacancy</i>	<i>Vicar and Lecturer</i>	☎
Paul Southern	<i>Assistant Minister</i>	
Merv McKinney	<i>Assistant Minister</i>	
c/o Parish Office, High Street, Dedham CO7 6DE		322 136

CHURCH OFFICERS

Richard Hopkins	<i>Churchwarden</i>	322 361
Quinlan Terry	<i>Churchwarden</i>	322 370
Be Burleigh	<i>Deputy Churchwarden</i>	323 205
Suzanne Woods	<i>Deputy Churchwarden</i>	01255 870 640
Gabbie Watson	<i>Verger</i>	322 425
Andrew Hodson	<i>Caretaker & Groundsman</i>	07968 445 572

MUSIC

Antony Watson	<i>Director of Music</i>	322 425
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JUNIOR CHURCH

Tim Sarson	<i>ReVive@5</i>	322 810
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FLOWER ARRANGERS

Helen Sims	<i>Co-ordinator</i>	321 286
Wendy Sarton	<i>Weddings</i>	323 027

DEDHAM PARISH MAGAZINE

Melanie Hargreaves	<i>(dedhameditor@gmail.com) Editor</i>	↓
Max Wilkinson	<i>'What's On' Listings</i>	↓
Martin Hole	<i>Advertising</i>	↓

PARISH OFFICE at the Vicarage 322 136

9:30am-11:30am Tuesday
9.30am-11.30am Thursday

Parish Secretary Claire Arculus
Asst. Secretary Be Burleigh, Louise Davison
Financial Administration Sara Marshall, Katrina Ablett

DEDHAM C.E. PRIMARY SCHOOL	www.dedham.essex.sch.uk
Jason Skelton	<i>Chairman</i> ↓
Heather Tetchner	<i>Head Teacher</i> 322 242

ASSEMBLY ROOMS	www.dedham-assemblyrooms.info
Tracy Woods	<i>Clerk to the Trustees</i> 323 921

DUCHY BARN	
Carol Mitson	<i>Secretary</i> 323 116
Anne Rowledge	<i>Bookings</i> 322 394

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DEDHAM PARISH MAGAZINE February 2016

SUNDAY SERVICES

8.30 a.m.

Holy Communion BCP
1st Sunday in month

10.30 a.m.

Family Service
1st Sunday in month

Morning Worship CW
2nd & 5th Sundays

Holy Communion CW
3rd Sunday in month

Morning Prayer BCP
4th Sunday in month

5 p.m.

Evening Prayer BCP
1st Sunday in month

5 p.m.

Re:Vive @5
4th Sunday in month

10.30 a.m.

Family Service
1st Sunday in month

DEADLINE FOR NEXT EDITION:
16 March 2016

CHURCH NOTICEBOARD

SPECIAL SERVICES OF WORSHIP :

SUNDAY 20 MARCH - PALM SUNDAY

FRIDAY 25 MARCH - GOOD FRIDAY

SUNDAY 27 MARCH - EASTER

TOWER FLAG DAYS THIS MONTH



MONDAY 14 MARCH - COMMONWEALTH DAY

SUNDAY 20 MARCH - PALM SUNDAY

FRIDAY 25 MARCH - GOOD FRIDAY

SUNDAY 27 MARCH - EASTER

From the Registers

INTERMENT OF ASHES

ERIC WARD - SUNDAY, 21 FEBRUARY 2016



Great things can grow from a small decision...

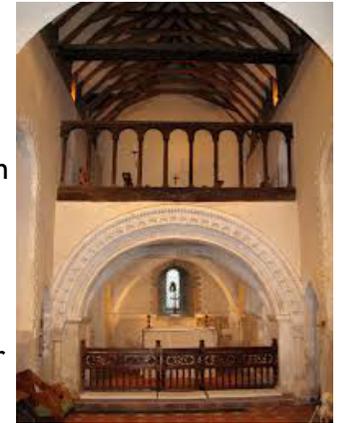
Please Remember
DEDHAM PARISH CHURCH
in your Will



GOD IN THE ARTS

'HE GAVE US EYES TO SEE THEM' - RAILINGS AND KNEELERS

This month we visit St Nicholas' Church, Compton in Surrey. It is a very fine building with an unusual double sanctuary on two floors at the east end. Our eyes look up to see a gallery and an altar, and then at ground level is another altar surrounded by a glorious Norman arch with Jacobean railings and kneelers. As we enter this church, we realise with T S Eliot in 'Little Gidding' that we are here 'to kneel where prayer has been valid.'



With the liturgical reform of the last century, it is customary in many churches to stand to receive Holy Communion. Sitting and standing seem the norms now for worship in spite of all the beautifully embroidered kneelers that many churches boast. But open the Book of Common Prayer, and there is a multitude of rubrics on kneeling whenever people gather for services. It is a posture that takes us back to those vivid images of Jesus praying on his knees in St Luke's Gospel, Peter kneeling to pray in Lydda, and the people kneeling on the beach with Paul in Acts 21.

The Psalmist invites us to kneel before the Lord our Maker, and Paul wrote to the Philippians, 'At the name of Jesus every knee should bend.' As we kneel at the Jacobean railings of St Nicholas, Compton or in our own churches, we are heirs to that tradition. Cranmer in the Prayer Book said that kneeling was a sign of gratitude for benefits received. But it is more than that. Buildings like Compton church bring us to our knees quite naturally as we gaze and wonder at the beauty and majesty of the building. Kneeling is a sign of reverence and adoration of the God who inspired such architecture of old and who feeds us now in the sacraments.

Mouse Makes

Each big egg tells a part of the Easter story. Colour them in then look up the bible verses.

Easter Story Eggs

John 12:1-8
Jesus anointed
1

Matthew 21:1-11
Into Jerusalem
2

Mark 14:1-11
Jesus betrayed
3

Mark 14:12-26
The last supper
4

Mark 14:32-41
Jesus prays
5

Mark 14:43-50
Jesus is arrested
6

Mark 12:66-72
Peter's denial
7

Mark 15:1-15
Jesus and Pilate
8

Mark 15:16-20
Jesus is mocked
9

Mark 15:21-39
Jesus is killed
10

Matthew 27:57-65
Jesus is buried
11

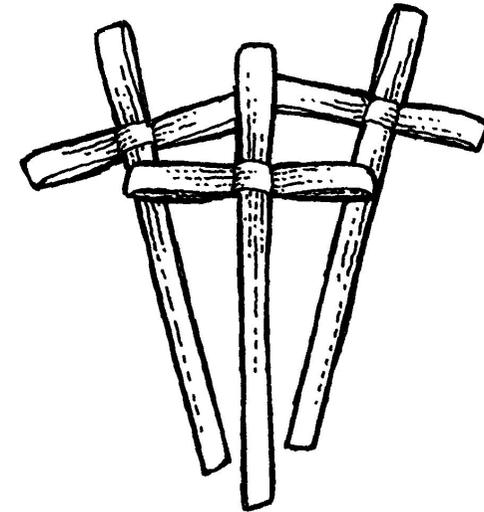
Luke 24:1-53
Jesus is alive!
12

Jesus said:
"I am the resurrection and the life"
John 11:25

Jesus said:
"I will come and get you so that you can always be with me" John 14:3

Cut out the big eggs. Glue onto card and use them for a bible story Easter egg hunt.

Mar16 © deborah noble • parishpump.co.uk



Pete Keeble writes
**CONSTABLE COUNTRY
MEDICAL PRACTICE**

This is one of the busiest times of the year for the practice and on some days demand can be extremely high. Since last September we have operated a triage system. When all our doctor appointments are full, and you feel you need to speak with a doctor, you will be placed on a list for the doctor to phone you back and either address your problem over the phone or ask you to attend an appointment later in the day. Each day, one doctor has responsibility for contacting patients added to the list. Some days, this list has extended to over 40 patients and the nominated doctor for that day will contact them all in addition to their morning surgery and dealing with the clinical administration work (test results and letters from the hospital re-

lating to patients they have referred). Many of the problems patients present with can be addressed by our excellent Nurse Practitioners and our Minor Illness Nurse. Many of their appointments are pre-bookable as well. These include problems such as cough/colds, rashes, headache, ear-ache, minor injuries, conjunctivitis etc. Our reception team can advise on whether our nurses can treat you. The CCG have recently issued guidelines on prescribing gluten free products. These can no longer be prescribed for patients over 18 years old, and only in limited quantities for patients under 18. Our clinicians have also been asked to reduce antibiotic prescribing. This is because many viruses are becoming more resistant to antibiotics and very few new antibiotics have been discovered over the last 20 year or so.

NEWSROUND

Dedham Youth Club presents an evening of

BINGO

The Assembly Rooms, High Street, Dedham
Saturday 23rd April—7pm

Tickets can be bought as a table of 10 or individually.
Ticket price includes a simple supper and your first game of bingo.
50p per game from then on.,

£10 per adult, £6 per child (11-16-years-old)

Wine, beer and soft drinks available for sale

Raffle and quiz on the night. Ticket sales ☎
07867 640650



Salsa Evening

Come to a fun evening on Friday 4th March 2016 at
the Assembly Rooms from 7.00 pm-11.00 pm

Warm up & lesson at 7.30 pm.
Bar Available.

Tickets £10 Available from
Jill Strangward ☎322006

All proceeds to
Dedham Church



WHAT'S ON: FILM

In the Assembly Rooms Dedham



Admission 7pm—Films begin 7.30pm Tickets £4
available from Shakespeare House Gallery
or online at www.dedhamfilms.co.uk

Wednesday 16 March 2016 THE LADY IN THE VAN (12A)

Directed by Nicholas Hytner (2015)



This film tells the true story of the relationship between Alan Bennett and the singular Miss Shepherd, a woman of uncertain origins who 'temporarily' parked her van in Bennett's North London driveway and proceeded to live there for 15 years.

The combination of Alan Bennett's screenplay, Maggie Smith's acting alongside Alex Jennings (who looks more like Alan Bennett than Alan Bennett) and the brilliant direction of Nicholas Hytner, this looks to be this year's "Philomena". Ticking all the boxes of Best UK Films – it is a parochial, sweet and clever British comedy.

Wednesday 30 MARCH 2016 As You Like it

(National Theatre Live Encore)

By William Shakespeare
starring Rosalie Craig as Rosalind
and Joe Bannister as Orlando

"A stunning production, with the most
spectacular scene change the National
has housed in years" (Time Out)

Admission 6.30pm—Screening begins at 7pm
Tickets £10 available from
Shakespeare House Gallery
or online at www.dedhamfilms.co.uk



Refreshments available before the Films and Screenings and during the intervals
Contacts: Jax Horswill 322328 or dedhamfilms@gmail.com
To find out more about the films and live screenings visit www.dedhamfilms.co.uk

WHAT'S ON : OPERA, MUSICAL, BALLET

❖ John's Church, Ipswich.

MUSIC continued

❖ **Sun 17 Apr:** 2.45 pm **Kingfisher:** violin and piano; Lion Walk, Colchester. 7.30 pm **Sudbury Choral Society:** Mozart and Haydn; St Peter's Church, Sudbury.

OPERA/MUSICALS

❖ **Sat 5 Mar:** 5.55 pm **Metropolitan Opera New York - live link:** Puccini's *Manon Lescault*; Firstsite,
❖ **Fri 11 -12 Mar:** 7.45 pm : **Platform Musicals:** Harold Fraser Simson's *The Maid of the Mountains*; The Headgate, Colchester.
❖ **Mon 21 Mar:** 7.15 pm **Royal**



Bryn Terfel as Boris Godunov

Opera House - live link: Musorgsky's *Boris Godunov*; Firstsite .
❖ **Tue 22 - 26 Mar:** 7.45 pm **Headgate:** *A Chorus Line* by Marvin Hamlisch and Edward Klebe: OD Productions.
❖ **Sat 2 Apr:** 5.55 pm **The MET - live link:** Puccini's *Madam Butterfly*; Firstsite, Colchester.

❖ **Wed 6 Apr:** 7.30 pm **Opera & Ballet International:** Puccini's *Tosca*; The Regent, Ipswich.

❖ **Thu 7 -9 Apr:** 7.30 pm **English Touring Opera** at Snape, Aldeburgh: Donizetti's *Pia de' Tolomei*, Mozart's *Don Giovanni*, Gluck's *Iphigénie en Tauride*.

❖ **Sat 9 Apr:** 7.30 pm **Regent Theatre, Ipswich:** *Ireland's Call*, musical from the show, *Essence of Ireland*.

❖ **Wed 13 -16 Apr:** 7.30 pm **Ipswich Operatic and Dramatic Society:** Rodgers and Hammerstein's *Oklahoma*; The Regent, Ipswich.

❖ **Sat 16 Apr:** 5.55 pm **The MET - live link:** Donizetti's *Roberto Devereaux*; Firstsite, Colchester.

❖ **Sun 17 Apr:** 7 pm **Swansea City Opera:** Puccini's *La Bohème*; New Wolsey, Ipswich.

BALLET

❖ **Thu 10 - 12 Mar:** 7.30 pm **Russian State Ballet & Orchestra of Siberia** Or- at The Regent, Ipswich:
Snow Maiden,
Swan Lake,
Tchaikovsky's *Sleeping Beauty*

❖ **Sun 13 Mar:** 3 pm **Bolshoi Ballet - live link:** *Spartacus*; Firstsite.

❖ **Wed 6 Apr:** 7.15 pm **Royal Ballet - live link:** *Giselle*; Firstsite and Odeon, Colchester.

NEWSROUND

Pete Keeble writes

CONSTABLE COUNTRY MEDICAL PRACTICE CONTINUED

CHRISTMAS GIFTS

Thank you to all patients who handed presents to the practice over the Christmas period. All these gifts were distributed to all doctors and other members of staff. Last year was very challenging for us and we were all very grateful, and moved, to receive so many gifts of appreciation.

TRAINING DAYS

Just a reminder that the practice will be closed from 1pm on the following dates for staff training:

10th March 2016 (Thursday)
13th April 2016 (Wednesday)
19th May 2016 (Thursday)

On these afternoons the doors will be closed so please ensure any prescriptions are picked up well beforehand. If you phone the practice the recorded message will ask you to ring 111 for medical assistance if your problem cannot wait until the next day.

Stephanie Durrant writes

ARDLEIGH SURGERY

Those of you who have visited us over the last year may have already filled in the NHS initiative, 'Friends & Family Test' (FFT) survey. Our contract requires us to both offer it to patients and then report the findings to them on a monthly basis. It is essentially one question – 'How likely

are you to recommend our GP Practice or hospital?' Your responses can be very useful for the practice. Overwhelmingly, patients here choose extremely likely or likely, which is very pleasing.

We have just completed our FFT return for January. We had 32 completed forms, of which 26 (81%) said it was extremely likely they would recommend the practice to others and a further 5 (16%) said they were likely

to do so. Only one person said that they were unlikely to recommend the surgery, but they chose not to add any comment as to why.

Lovely statements were made about the helpfulness of the staff and the professionalism and caring nature of the doctors and nurses.

Please do not feel that this is your only forum for raising issues. I am more than happy to talk to you about suggestions or grumbles that you may have.

SURGERY WEBSITE

We are building a new website and it will have comprehensive information about the staff and services available at both the Ardleigh and Dedham sites, and have links to other NHS organisations. You will be able to order a repeat prescription, book or cancel an appointment or to check some of your medical records. It is anticipated that the website will be on line from the beginning of April.



PARISH COUNCIL

Nicola Baker writes:

Hallfields

Completion of the Hallfields site is expected at the end of the year. The developer has now signed an agreement with a housing association who will manage the nine affordable homes on the site.

Based in Chelmsford and established in 2002, CHP is a locally managed and governed charitable housing association providing high-quality affordable homes to rent and buy throughout Essex. It works closely with residents, local authorities, private sector companies, other charitable agencies and public sector bodies. CHP currently own and manage over 360 dwellings in the Colchester Borough Council district. In order to be considered for one of the affordable homes you must be on Colchester Borough Council's housing register. Registration can be done on-line via the Colchester Borough Homes website

or www.gatewaytohomechoice.org.uk or you can visit the Greenstead housing office.

Priority for allocating the new Dedham homes will be given to those living in, or with a connection to, Dedham. To find out more, Dedham Parish Council, in partnership with CHP and Colchester Borough Council is organising an information day on **Monday 18 April 3 – 7pm in the Duchy Barn.**

Kevin Taylor writes:

Superfast broadband

Another phase of the rollout is now complete, covering the route out of the village up to Lamb Corner. Some of Stratford Road, Coles Oak Lane and Monks Lane is also included. The interactive map on the Superfast Essex website is a good way to check if your property is now covered, don't rely on the

map's colour code, but just click on your property and it will tell you if your fibre upgrade is complete. If it is, then your provider will be happy to sell you an upgrade. Please bear in mind that "Superfast" speeds will vary dependant on your location, your provider will be able to advise you.

The next phase of the Essex rollout is estimated to begin in July this year and take a year to complete. Long Road, and roads off, including Dedham Meade will be in this phase. Where Dedham sits in that rollout is not yet known but information will appear on the Parish Council website when available. There is one area that unfortunately is not planned for an upgrade at present which is the end of Long Road West and some of Ardleigh Road to Lamb Corner.

Ann Follows writes:

New bus timetable

Following Essex County Council's review and rationalisation of subsidised bus routes (ie mostly rural routes which are not commercially viable), timetables have now been finalised. The Parish Council has been actively representing the interests of residents and the new timetables offer an improved service for the village. Particular highlights include a new commuter service to and from Manningtree station and a late evening service from Colchester. The bus numbers will change, so that there will no longer be a 247 service. The new bus numbers serving Dedham will be 102 and 80/81. The new timetable will start on April 11 2016 and a full set of timetables will be distributed with this magazine next month.

WHAT'S ON : MUSIC

❖ on the film by Powell & Pressburger.

MUSIC

❖ **Sat 5 Mar:** 7.30 pm **Aldeburgh Music Club:** Haydn's *The Creation*; Snape Maltings. 7.30 pm **Roman River Music:** Tasmin Little, violin; Mercury Theatre, Colchester.

❖ **Sun 6 Mar:** 2.45 pm **Kingfisher Ensemble:** works for Oboe and strings; Lion Walk Church, Colchester.

❖ **Sat 12 Mar:** 7.30 pm **Bury Bach Choir:** Cherubini's *Requiem*; The Apex, Bury St Edmunds. 7.30 pm **Colchester Choral Society:** Verdi's *Requiem*; St Botolph's, Colchester.

7.30 pm **Eye Bach Choir:** Brahms's *Requiem*; Eye Church. 7.30 pm **Ipswich**

Chamber Choir: *Dixit Dominus* by Handel and Monteverdi's *Psalms*; St Mary-le-Tower, Ipswich. 7.30 pm **Ipswich Choral Society:** Handel's *Messiah*; Ipswich Corn Exchange.

❖ **Sun 13 Mar:** 4 pm **Stour Valley Arts and Music:** Red Priest, baroque quartet; East Bergholt Church. 4.45 pm **Headgate Theatre,** Colchester: Gary Ryan, virtuoso guitar.

❖ **Mon 14 -19 Mar:** 7 pm **Aldeburgh Music:** Schools' Music; Snape.

❖ **Sat 19 Mar:** **Tiptree Choral Society:** Rutter's *Requiem & Easter Music*. 7.30 pm **Colchester Chamber Choir:** *Stabat Mater*, music for Passiontide by Palestrina, Gesualdo, Lotti and Leo (*Miserere*); St Teresa's Colchester.

7.30 pm **Hadleigh Choral Society:** Handel's *Dettingen Te Deum*; Hadleigh Church. 7.30 pm **Kingfisher Sinfonietta:** Mozart, Mendelssohn; St Mary's Woodbridge. 7.30 pm **St Botolph's**



Haydn's
Creation

Music Society: Haydn's *The Creation*, Colchester. 7.30 pm **Suffolk Sinfonia:** Spring Concert; Apex, Bury St Edmunds.

❖ **Sun 20 Mar:** 3 pm **Music in Felixstowe:** Haydn's *Seven Last Words From the Cross*; St Felix Church.

❖ **Sat 26 Mar:** 7.30 pm **The Tallis Scholars:** Arvo Pärt and Renaissance sacred music; Snape, Aldeburgh. 7.30 pm **Aldeburgh Voices:** Fauré's *Requiem*; Orford Church.

❖ **Sun 3 Apr:** 6.30 pm **Woodbridge Choral Society:** Prokofiev, Stanford, Barber, Sibelius; Snape, Aldeburgh.

❖ **Sat 9 Apr:** 3 pm **Music in Felixstowe:** Come and Sing Fauré's *Requiem*; St Peter and Paul Church, Felixstowe. 7.30 pm **Quattro Amici:** Vocal quartet - a medley from opera and musicals; The Headgate, Colchester.

❖ **Fri 15 Apr:** 7.30 pm **Studio Music,** Brightlingsea: *Divertimenti*.

Sat 16 Apr: **Ipswich Bach Choir:** Mozart's *Requiem* and his *Clarinet concerto*, Haydn's *Te Deum*; St

WHAT'S ON: FILM, THEATRE

FILM

❖ **Sun 13 Mar:** 7.30 pm **Firstsite**, Colchester: *Taxi Tehran*.

❖ **Wed 16 Mar:** 7.30 pm **Dedham Films:** *The Lady in the Van* with Maggie Smith, based on Alan Bennett's story; *Assembly Rooms*; and on Fri 18 Mar at *Polstead films* (Village Hall)

❖ **Tue 29 Mar:** 7.30 pm **Firstsite:** *Peggy Guggenheim - Art Addict*.

❖ **Wed 30 Mar:** 7.30 pm **Firstsite:** *Cinema Paradiso*.

THEATRE

❖ **Tue 1-5 Mar:** 7.30 pm **Sudbury Dramatic Society:** *Shadowlands* by William Nicholson; the love story of C S Lewis ; *The Quay*



❖ **Tue 1 Mar:** 7 pm **National Theatre, London - live link:** *Les Liaisons Dangereuses* by Christopher Hampton; *Dedham Films Live*, *Assembly Rooms*

Theatre, Sudbury.

❖ **Wed 2 Mar:** 8 pm **Mercury Theatre, Colchester:** *I know all the secrets in my world*.

❖ **Thur 3 Mar:** 7 pm **NT- live link:** *Hangmen*, *Firstsite* and *Odeon*, Colchester

❖ **Fri 4 - 5 Mar:** 7.30 pm **Headgate, Colchester:** *The Theory of Nat and*

Mike by Jazz Ely; *Stage Write*.

❖ **Mon 7 -12 Mar:** 7.30 pm **Original Theatre Company & Birdsong Productions:** *Flare Path*; *The Mercury*

❖ **Mon 14 -19 Mar:** 7.45 pm **Birdsong Productions & the Yvonne Arnaud Theatre, Guildford:** *Shadowlands*, the C S Lewis story; *New Wolsey*, Ipswich.

❖ **Tue 15 -19 Mar:** 7.30 pm **Eastern Angles Theatre Company:** *Jumpers for Goalposts* by Tom Wells; *Sir John Mills Theatre*, Ipswich.

❖ **Fri 18 - 19 Mar:** 8 pm **The Mercury (Youth Theatre):** *Blackout*.

❖ **Sat 19 Mar:** 7.30 pm : **Chameleon's Web Theatre:** Oscar Wilde's *The Importance of Being Earnest*; *The Head-*

❖ **Wed 30 Mar:** 7 pm **NT - live link:** *As You Like It* by William Shakespeare, with Rosalie Craig; *Dedham Films live*, *Assembly Rooms*

gate, Colchester.

❖ **Wed 6 -16 Apr:** 7.45 pm **Birmingham Repertory Theatre & Ramps On The Moon:** *Gogol's The Government*

❖ **Wed 13 - 16 Apr:** 7.45 pm **Dedham Players:** *The Dresser* by Ronald Harwood; *Assembly Rooms*.

Inspector; *New Wolsey*.

Wed 13 - 16 Apr: 7.30 pm **Headgate:** *A Matter of Life and Death* by Tom Morris and Emma Rice. Based

For details see: www.eamaa.org

NOTICEBOARD



Sarah Gale writes:

ST HELENA HOSPICE

Come together with your friends, family and work colleagues and enjoy the sea air at the St Helena Hospice Pier to Pier 2016 sponsored walk between Clacton and Walton Piers on **Sunday 17th April**.

This year you can start your walk at 10am from either Clacton or Walton and have a choice to walk 7 or 14 miles. In return for a great day out, the hospice asks that each registered walker over the age of 16 raises a minimum of £30 sponsorship. This money will help people it supports in your community who are affected by life-limiting illness. Grab your walking shoes and register today for free to start fundraising. Visit www.sthelenahospice.org.uk/piertopier16 or contact the fundraising team on ☎931468.

Mandy Pratt writes:

MAD YOUNG CHRISTIANS

Do you feel Christmas and Easter should be more than a shopping and chocolate fest? Do you wish you

could do more to help people whose lives are harder than your own? Are you looking for something more rewarding than a computer game or Big Brother episode? Is it possible you have an interest in Christianity but are nervous about getting involved?

MAD Young Christians get together once a week in Ardleigh through term times to explore ways in which our faith might let us Make A Difference in the world. We also have a lot of fun and do plenty of exciting and challenging things – fancy camping for a week on pilgrimage with a thousand other teens from across the country? Want to help refugees or local homeless youngsters?



Any good at French cricket?? Do you enjoy drama? Movies? Want to hang out with people who listen and respect you? We encourage people aged 11-18 to explore faith at their own pace and in the context of life in the 21st century. If you think this might be for you give Mandy ☎07834 323931 or Jo ☎07756 766169 a ring or text or email us at mandypratt@sky.com. Contact us - it could be the best thing you'll do all year!

THE DRESSER by Ronald Harwood.

A moving, warm-hearted, World War II drama, with touches of humour. **DEDHAM PLAYER'S SPRING PRODUCTION.** Wed 13th to Sat 16th April at 7.45pm *The Assembly Rooms, Dedham.* Refreshments included.

Tickets £8 from SHAKESPEARE HOUSE GALLERY, High Street, Dedham or Tel 03336663366 for tickets only with booking fee. Enquiries: www.dedhamplayers.org.uk

NOTICEBOARD



EASTER CRAFT AND FARMERS MARKET

Saturday 19th March,
The Assembly Rooms,
Dedham High Street 10.30am – 1.30pm

A wide range of arts, crafts, gifts, and fresh produce for sale.

Refreshments. Free parking.

Come and support Dedham Year 5 children cooking and serving their own recipes.

All proceeds go to Dedham Primary School cookery club
Call ☎ **07870 217003** for more information.



Dedham Tennis Club

Now taking membership for 2016. The club offers:

- 3 hard courts and a picturesque clubhouse.
- Tennis for all ages and abilities.
- LTA registered including Wimbledon ballot.
- Match play and club competitions
- Online court booking
- Free access to practice balls
- Coaching programmes
- Family friendly
- Brilliant club sessions
- Regular social events
- Great value
- Stunning Location



For further information feel free to contact our Membership Secretary, Caroline Watson on ☎ **323726**

Web:

www.dedhamtennis.org.uk



[@DedhamTennis](https://www.facebook.com/DedhamTennis)

NOTICEBOARD

Liz Connelly writes
1ST ARDLEIGH CUB SCOUTS



We mix some of the traditional skills of scouting with some newer aspects of the modern world! The main task is to have fun whilst learning some important life skills. 2016 is the Centenary year for Cub Scouts and we have lots of activities planned with a number of camps, our first one in February. We have a few spaces available currently so if you are 8

– 10 ½ year old and would like to join us, please contact Akela (Liz) at either ardleighscoutgroup@outlook.com or on ☎ **07747 792392**.

healthwatch
Essex

Allie Passfield writes
HEALTH WATCH ESSEX

Healthwatch Essex is a registered charity and was formed as a result of the Health and Social Care Act 2012, to promote and support the involvement of the people of Essex in commissioning, provision and scrutiny of local care services. We do this in three different ways; by research, engagement and provision of an Information Service. Our results are used to feed-back to those responsible for provision, managing and scrutinising local care services.

[The section I work for, the Information Service](#), is a telephone,

email and letter based service for the whole of Essex. We give information on how people can access, navigate and understand the provision of health and social care in their area. We give information on a variety of topics, but mainly:- how to access GP services/dentists/opticians/emergency practitioners, how to comment on hospital services, entitlement to carer's assessments, availability of support and advocacy services in Essex.

We also give information on how to make a complaint about services in your area, and how to feedback compliments and suggestions. I am keen for the people of Essex to be aware of the work we do, and to have access to information around health and social care services, how to access this and where to find further information if necessary.

I am wondering whether it would be possible to provide an article for publication, and if so, how best to go about this? I have attached a copy of our information leaflet, for your information. I look forward to hearing back from you. If you require any further information, please do not hesitate to contact either me or my colleague Elizabeth Cherry.